# The Conformation of 4,4-Dimethyl-steroids-an X-Ray Crystallographic Investigation 

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Summary Crystal structure analyses of the $17 \beta$-iodoacetates of $17 \beta$-hydroxy-4,4-dimethyl-19-nor- and of $17 \beta$-hydroxy-4,4-dimethyl-androstan-3-one are reported.

The conformation of ring a in 4,4-dimethyl-3-oxo-steroids has given rise to much discussion. ${ }^{1}$ With the availability ${ }^{2}$ of authentic $17 \beta$-hydroxy-4,4-dimethyl-19-nor- $5 \alpha$-andro-stan-3-one we now record a definitive contribution to this problem. Thus crystal structure analyses of the $17 \beta$-iodoacetates of $17 \beta$-hydroxy-4,4-dimethyl- $5 \alpha$-androstan- 3 -one ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) and of the 19 -nor-analogue ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ) were undertaken to obtain quantitative information about the distortion produced in ring a by the steric interaction of the axial methyl substituents at $\mathrm{C}-4$ and $\mathrm{C}-10$.

Crystallographic data are as follows: $17 \beta$-Iodoacetoxy-4,4-dimethyl- $5 \alpha$-androstan-3-one ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ), $\mathrm{C}_{23} \mathrm{H}_{35} \mathrm{O}_{3} \mathrm{I}$. Orthorhombic, $a=14.96, b=19 \cdot 53, c=7 \cdot 47 \AA$. Space group $P 2_{1} 2_{1} 2_{1} . \quad Z=4$.
$17 \beta$-Iodoacetoxy-4,4-dimethyl-19-nor-5 $\alpha$-androstan- 3 -one (I; $\mathrm{R}=\mathrm{H}$ ), $\mathrm{C}_{22} \mathrm{H}_{33} \mathrm{O}_{3} \mathrm{I}$. Orthorhombic, $a=11 \cdot 36, b=$ $25 \cdot 43, c=7 \cdot 52 \AA$. Space group $P 2_{1} 2_{1} 2_{1} . \quad Z=4$.

For ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) 2089 independent reflexions were measured with a Hilger Linear Diffractometer with $\mathrm{Mo}-K_{\alpha}$ radiation. For ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ), 1110 independent reflexions were obtained from a Picker four circle diffractometer using Mo- $K_{\alpha}$ radiation. Both structures were solved by way of the heavy atom and refined by least-squares methods. $R$ is 0.046 for ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ) and 0.14 for ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ). The lower $R$-factor for ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ) is undoubtedly due to the improved data collection system used with ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ) compared with that used with ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ). In the former case the crystal used was only irradiated when required by the computer-controlled diffractometer; with ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) the crystal was continuously irradiated throughout the data collection period with some deterioration of the sample. Average e.s.d.s. for distances, angles, and torsional angles involving carbon atoms are respectively $0.020 \AA, 0.9^{\circ}$, and $1.3^{\circ}$ for ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ), and $0.03 \AA, 1.7^{\circ}$, and $2.5^{\circ}$ for ( I ; $\mathrm{R}=\mathrm{Me})$.

Examination of molecular models suggests that the most likely deformation in ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) would arise from rotation about the $\mathrm{C}-4-\mathrm{C}-5$ bond so as to increase the methyl separation. The extreme effect of such a rotation would be to change the conformation of ring a from the chair form to

Table 1.
Displacements $(\AA)$ of the atoms of ring A from the best plane through them ( a ) in ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) and ( b ) in $(\mathrm{I} ; \mathrm{R}=\mathrm{H})$

| Atom | $(\mathrm{a})$ | $(\mathrm{b})$ |
| :--- | ---: | ---: |
| $\mathrm{C}-1$ | 0.215 | 0.215 |
| $\mathrm{C}-2$ | -0.185 | -0.227 |
| $\mathrm{C}-3$ | 0.176 | 0.234 |
| $\mathrm{C}-4$ | -0.189 | -0.221 |
| $\mathrm{C}-5$ | 0.220 | 0.215 |
| $\mathrm{C}-10$ | -0.237 | -0.216 |

a boat. This extreme form may be rejected immediately on examination of the displacements of the atoms from the best planes through the atoms of ring a in both ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) and ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ) (Table 1). These displacements also suggest that ring a in ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) is slightly flatter than in ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ). The values of the CC-CC torsion angles $(\phi)$ in ring A in both steroids are in Table 2. The angles $\phi$

Table 2.
Torsional angles $\phi(\mathrm{A}-\mathrm{B}) . \quad \phi(\mathrm{A}-\mathrm{B})$ is the dihedral angle about the $\mathrm{A}-\mathrm{B}$ bond and the other two atoms required to define the angle are those bonded by A and B in the ring

| Bond | $(\mathrm{I} ; \mathrm{R}=\mathrm{Me})$ | $(\mathrm{I} ; \mathrm{R}=\mathrm{H})$ |
| :---: | :---: | :---: |
| $\mathrm{C}-1-\mathrm{C}-2$ | $-50 \cdot 8$ | $-54 \cdot 9$ |
| $\mathrm{C}-2-\mathrm{C}-3$ | $+48 \cdot 5$ | $+56 \cdot 8$ |
| $\mathrm{C}-3-\mathrm{C}-4$ | $-47 \cdot 0$ | $-54 \cdot 7$ |
| $\mathrm{C}-4-\mathrm{C}-5$ | $+46 \cdot 6$ | $+50 \cdot 4$ |
| $\mathrm{C}-5-\mathrm{C}-10$ | $-50 \cdot 8$ | $-51 \cdot 9$ |
| $\mathrm{C}-10-\mathrm{C}-1$ | +52.6 | $+52 \cdot 8$ |

(5-10) and $\phi(10-1)$ compare very favourably in both, suggesting that the environment at $\mathrm{C}-10$ is the same in these steroids and that the 1-3 interaction of the axial methyl groups at $\mathrm{C}-4$ and $\mathrm{C}-10$ is not relieved by displacement of $\mathrm{C}-19$. The differences in the remaining torsion angles arise from rotation about the $\mathrm{C}-4-\mathrm{C}-5$ bond which results in a closing of the torsional angles in the more flexible portions of the ring.


Further evidence for the rotation about $\mathrm{C}-4-\mathrm{C}-5$ is found in (i) the reduction of the distance of $\mathrm{C}-3$ from the plane defined by C-1-C-2-C-4-C-5 to $0.51 \AA$ in ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) as compared with $0.63 \AA$ in ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ), (ii) the increase in the methyl-methyl separation from the normal 1-3 transannular distance of $2 \cdot 52 \AA$ to $3 \cdot 29 \AA$ in ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ), (iii) the increase in the intramolecular distances $\mathrm{C}-31 \cdots \mathrm{C}-2$ and $\mathrm{C}-31 \cdots \mathrm{C}-10 \quad[3.25 \AA$ and $3.40 \AA$, respectively, in ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) compared with $3.08 \AA$ and $3.21 \AA$, respectively, in ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ )], and (iv) the difference in the values for the torsional angle $\phi[0(1)-3-4-30]$ which is $17 \cdot 1^{\circ}$ in ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) and $2.9^{\circ}$ in ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ).

Displacement of the axial methyl group, C-31, in (I; $\mathrm{R}=\mathrm{Me}$ ) by such a mechanism as outlined above would lead to increased interaction between $\mathrm{C}-31$ and the methylene group C-6 of ring B . This is overcome by distortion of the angle C-5-C-4-C-31 to $116.5^{\circ}$ compared with $113.5^{\circ}$ (in $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ) in such a manner as to increase the $\mathrm{C}-31-\mathrm{C}-6$
distance to $3.29 \AA(3.11 \AA$ in $\mathrm{I} ; \mathrm{R}=\mathrm{H})$. Rings B and C adopt normal chair conformations.

A most striking and unexpected observation which demonstrates most clearly the reality of "conformational transmission" ${ }^{3}$ is that ring D adopts different conformations in the two compounds. Thus in ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) it adopts a half-chair conformation which is distorted towards a $\mathrm{C}-13$ envelope while in ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ) it adopts a half-chair conformation distorted towards a C-14 envelope. These distortions are apparent in the displacements of $\mathrm{C}-13$ and $\mathrm{C}-14$ from the plane through $\mathrm{C}-15 \mathrm{C}-16 \mathrm{C}-17[+0.339 \AA$ and $-0.427 \AA$, respectively, in ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) and $+0.451 \AA$ and $-0.302 \AA$, respectively, in $(\mathrm{I} ; \mathrm{R}=\mathrm{H})$ ].

The skeleton of the perhydrophenanthrene skeleton in
both molecules is slightly convex towards the $\beta$-side and reflects the molecular overcrowding arising from the $\beta$-methyl substituents.

Although the conformation of the steroids in solution need not necessarily be identical with that exhibited in the crystal state, general considerations, together with the temperature-independence of the n.m.r. spectra of (I; $R=M e)$ and ( $I ; R=H$ ), indicate with a very high degree of probability, that the conformation of ( $\mathrm{I} ; \mathrm{R}=\mathrm{Me}$ ) and of ( $\mathrm{I} ; \mathrm{R}=\mathrm{H}$ ) in solution is the same as, or at least very similar to, the conformations obtained in the crystal. The implications of these observations will be discussed in detail elsewhere.
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